

COMMUNITY EDUCATION NETWORK









RESOURCE GUIDE

SOUTHWESTERN NEWFOUNDLAND

2013-2014 Edition

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Acknowledgements

CEN, in partnership with Primary Health, is excited to share the 2013-2014 edition of our annual Resource Guide. We thank the numerous organizations and individuals who provided us with the necessary information.

This guide may not be all inclusive due to the rapidly changing nature of community resources and services. Please contact us if you have any further information regarding resources for families in Southwestern Newfoundland, or notify us of any changes in the listing provided in this guide.

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Mary Barter, Senior Program Support Community Education Network P.O. Box 5600 Stephenville, NL A2N 3P5

Phone: 643-5400

Website: communityeducationnetwork.ca

A special thank you to Patricia Spencer, Cheryl Bennett, Brittany Earle and Patrick Park-Tighe for the preparation of this guide.

Collaborative

Community Education Network Collaborative

Values Statement

Community Education Network (CEN) and Associates - Community Action Committee (CAC) and Community Youth Network (CYN) operate as a collaborative - an entity where people work together collaboratively, through inspired action and learning, to create and realize bold visions for the common future.

Philosophy

The collaborative is guided by **community education principles** - self-determination; self-help; maximum use of resources; leadership development; inclusiveness; life-long learning; community involvement in schools; integrated service delivery and localization as adopted by CEN in 1991.

Governance

The governance approach of the collaborative is relational, one in which partners maintain internal accountabilities and function through agreements or memoranda of understanding on roles and responsibilities.

The structure includes:

- two incorporated bodies (CEN and CAC), along with CYN
- a Leadership Group of senior/supervisory staff who collaborate on program and process activities
- a Networking Group of agencies which acts in an advisory capacity
- community roundtables which provide input from the community at large

The collaborative structure allows for joint administrative functions and activities such as:

- Collective promotion of values and philosophy
- Common policies and procedures
- Mutual programs and processes
- Collective financial management
- Shared administrative infrastructure
- Shared leadership and accountability
- Joint roundtables
- Common training
- Common newsletter
- Collaborative web community

CEN

Community Education Network and Associates

Community Education Network (CEN) for Western Newfoundland Inc. Sharon Park, Executive Director 643-4891

Adult Basic Education Level 1

Angie Kerfont 643-4891 Stephenville, and the Northern Peninsula

Employment Assistance Services

Corey Lomond 643-2070 Port aux Basques, Stephenville, Rocky Harbour, St. Anthony, Port Saunders, Roddicton and Flower's Cove

Southwestern Coalition to End Violence

Cheryl Bennett 643-1022

Skills Link

Angie Kerfont 643-4891

· Families and Schools Together

Mary Barter 643-5400

Housing Stability Initiative

Mary Barter 643-5400

Housing Support Worker

John Finn 649-2533

Regulated Preschool - Lourdes, Burgeo and Stephenville Crossing Bernice Hancock 643-5399

Community Youth Network (CYN) for Southwestern Newfoundland

Mary Bungay-Gaultois, Director 643-2666

- Youth Programs and Services
- Power UP!

Tracy Snow, Director, Youth Programs 643-3919 ext 35

Community Action Committee (CAC) for Southwestern Newfoundland Inc. Bernice Hancock, Program Director 643-5399

- Thirteen Family Resources Centres
- Four Healthy Baby Clubs
- Child Car Seat Safety Education and Clinics

Bay St.George Area

Western Health Medical Clinics

Lourdes	642-5371
Cape St. George	644-2660
Bay St. George	643-6635
Stephenville	643-5656
Stephenville Crossing	646-2233
St. George's	647-3542
Jeffrey's	645-2200

Child Youth and Family Services

Stephenville	643-8601
Stephenville Crossing	646-3101
Piccadilly	642-5234

Community Organizations

Bay St. George Status of Women	643-4444
Bay St. George Employment Corporation	643-3470
Bay St. George Literacy Council	643-4121
Bay St. George Sick Children's Foundation	643-5900
Bay St. George Youth Assessment Centre	643-5050
Crime Stoppers	1-800-222-8477
Community Action Committee for Southwestern NL	643-5399
Community Education Network	643-4891
Community Youth Network	643-2666
John Howard Society	643-5894
Mothers Against Drunk Driving (MADD)	643-6996
Meals on Wheels	646-3216 or 646-3264
Newfoundland Aboriginal Women's Network	643-1290
Newfoundland and Labrador Housing	643-6826
Southwestern Coalition to End Violence	643-1022
Stephenville Emergency Food Services	643-4010
Victim Services	643-6588

Bay St.George Area

Government Services

Service Canada	1-800-622-6232
Advanced Education and Skills	1-866-417-4753
NL Health Line	1-888-709-2929
NL Seniors Prescription Drug Plan	1-709-753-3615
Canada Pension Plan & Disability Pension	1-800-277-9914
MCP	1-800-563-1557
Office of Child/Youth Advocate	1-877-753-3888
NL Citizen's Representative	1-800-559-0079

Help Lines

AIDS Committee NL	1-800-563-1575
Alzheimer's Society of NL	1-877-776-0608
ALS Society	1-888-364-9499
Alcoholics Anonymous	1-709-579-5215
Al-Anon	1-888-455-2666
Autism Society	1-866-722-2803
Canadian Cancer Society	1-888-939-3333
Canadian Hard of Hearing	1-888-753-3224
Association NL Chapter Emergency Alert	1-800-563-7082
Gamblers Help Line Hearing Health Centre	1-888-899-4357
HIV Help Line	1-800-689-1183
Kids Help Line	1-888-246-5840
Mental Health Crisis Line	1-800-668-6868
Mother Risk Help Line	1-888-737-4668
Muscular Dystrophy	1-877-327-4636
NL Prescription Drug Plan Assessments	1-888-647-6322
NL Association for Community Living	1-888-859-3535
Overeater's Anonymous	1-877-738-1742
Pediatric Telephone Advice Line	1-866-722-1126
Poison Information Centre	1-866-727-1110
Pregnancy Nausea Help Line	1-800-436-8477
Red Cross Disaster Help Line	1-800-222-9597
Seniors Resource Centre	1-800-563-5599
Sexual Assault Crisis Line	1-800-726-2743
Smoker's Help Line	1-800-363-5864
Transition House	1-866-634-4198

Bay St.George Area

Sir Thomas Roddick Hospital

Main Line	643-5111
Dietitian	643-5111 ext.408
Diabetes Education	643-5111 ext.280

Bay St. George Long Term Care Centre

Main Office	646-5800
Bay Center Adult Day Support	646-3264
Outreach Staff	646-3239
Short Stay Admission	646-3264
Emile Benoit House	646-3246

Rehabilitation Services

Audiology	643-8690
Speech Language Pathology	643-8690
Developmental Psychology	643-8690
Direct Home Services	643-8690
- Autism Services	

- Child Management Specialist Janeway Rehabilitation Outreach (Corner Brook) 1-709-637-5191

- Occupational Therapist

- Physiotherapist

Community Health and Family Services

Public Health Nursing	
Stephenville	643-8700
Stephenville School Nurse	643-8698
Stephenville Crossing	646-2762
Piccadilly	642-5463
St. George's	647-3851
Jeffreys	645-2540
Behavior Management Specialist (Port au Port Peninsula)	642-5601

Bay St.George Area

Community Supports

Continuing Care Nursing Stephenville Stephenville Crossing Piccadilly Jeffrey's	643-8700 646-3400 / 646-3060 642-5772 / 642-5804 645-2540
Social Work Stephenville Stephenville Crossing Piccadilly	643-8700 646-3147 / 646-3105 642-5540
Occupational Therapy	643-8624
Special Assistance Program	643-8702
Behavior Management Specialist (Stephenville)	643-4087 / 643-8618

For more information or to update information please contact: Western Health Primary Health Care Manager at (709) 646-3727

Provincial Government

Government Services Newfoundland and Labrador

Advanced Education and Skills 1866 417-4753

Child and Youth Advocate 1 877 753-3888

Child Protection Services 1 709 637-2686

Child Support Enforcement Program 1 800 563-5330

Citizen's Representative (Ombudsman) 1 800 559-0079

Coast Guard (Maritime Search and Rescue) 1 800 563-2444 (Services all of Newfoundland and Labrador)

Consumer Affairs 1 877 968-2600

Courts (Provincial) Corner Brook 637-2323; Stephenville 643-2966 or 643-5831; Port aux Basques- only available when court is in session 695-2763

Drugs (NL Prescription Drug Program) 1 888 859-3535

Family Justice Services Stephenville 643-8358 Corner Brook 634-4174

Government Service Centre
Birth, Death, Marriage and Change of Name Certificates
Stephenville 643-8650
Corner Brook 637-2387

Health Line - Newfoundland and Labrador 1 888 709-2929

High School Certification 729-3001 Information on GED testing, Public Exams, High School Certification and High School Scholarships

Home Heating Oil Rebate 1 866 990-3444

Human Rights 1 800 563-5808

Immunization Records 637-5417

Independent Living Resource Centre 1 866-772-4031

Provincial Government

Government Services continued

Legal Aid Commission 643-5263

Labour (General Inquiries) 1877 563-1063

Labour Market and Career Information Hotline 1 800 563-6600

Landlords/Tenants 637-2445 Inquiries or Complaints

Literacy Newfoundland and Labrador 1800 563-1111

MCP (Medical Care Program) 1 800 563-1557

Mother/Baby Nutrition Supplement 1800 508-4788

Motor Registration (General Inquiries) 637-2615 Driver Examiner Appointments: Stephenville 643-8635 Port aux Basques 695-7283

Newfoundland and Labrador Housing Corporation 643-6826

Office of Employment Equity for Persons with Disabilities 1 709 729-5881

Provincial Taxation 1877 729-6297

Support Enforcement Program 1 800-563-5330

Student Financial Services (Student Aid) 1 888 657-0800

Victim Services Corner Brook 637-2614 Stephenville 643-6588

Western Health Information Line 1 888 WREGION (973-4466)

Western Integrated Regional Health Authority 637-5000 ext 5168

Women's Policy Office 729-5009 Violence Prevention Initiative (Manager) 729-5730

Workplace Health and Safety 1 800 563-2772

Federal Government

Government Services Canada

Information on the Government of Canada 1 800 622-6232 TTY for the Deaf 1 800 926-9105

Canada Mortgage and Housing Corporation St. John's 772-4400

Canada Pension Plan, Old Age Security and Disability Pension 1 800 277-9914

Child Tax Benefit/Universal Child Care Benefit 1 800 387-1193

Employment Insurance Enquiries 1 800 206-7218 Telephone Reporting 1 800 531-7555

GST/HST Credit (Cheques) 1 800 959-1953

Health Canada Product Safety Branch 772-4050 (St. John's)

Job Line Recording 1 800 523-4732

Marine Atlantic Reservations and Information 1 800 341-7981

Passports (Enquiries) 1800 567-6868

Public Service Commission of Canada 1 877 729 0130

Record of Employment Requests 1 866 604-1331

Service Canada Offices 643-8015 (Stephenville) 695-5000 (Port aux Basques)

Social Insurance Numbers (Enguiries) 1 800 206-7218

Status of Women Canada (Enquiries) 1877 851-3644

TIPS (Tax Information Phone Service) 1 800 267-6999 Refund Enquiries 1 800 959-1956

Wellness Resources/Help Lines

AIDS Committee of Newfoundland and Labrador (Tommy Sexton Centre) 1 800 563-1575 www.acnl.net

ALS Society of Newfoundland (Lou Gehrig's disease) 1 888 364-9499 634-9499 (Western District)

Canadian Cancer Society 1 888 939-3333 634-6542 (Corner Brook)

Canadian Diabetes Association Corner Brook Chapter 754-0953

Canadian Red Cross Corner Brook 634-4626 1 800 418-1111

Corner Brook Alzheimer Chapter 639-3311 1 877 776-0608

Crohn's and Colitis Association 1 800 387-1479

Huntington Society of Canada 1 800 998-7398

Heart and Stroke Foundation - Newfoundland and Labrador Division 753-8521

Mental Health Crisis Line 1 888 737-4668

Kids Help Phone 1 800 668-6868

Healthline 1 888 709-2929

Smokers' Help Line 1 800 363-5864

Problem Gambling Help Line 1 888 899-4357

Pediatric Telephone Advice Line 1 866 722-1126

Please see page 5 - Primary Health Care Services for a listing of other resources.

Politicians

Local Politicians

Tony Cornect MHA - District of Port au Port 643-0813 729-3138

Joan Shea Minister of Advanced Education and Skills and Minister Responsible for the Status of Persons with Disabilities MHA - St. George's/Stephenville East 643-8663 Toll Free: 1 866 838 5620

Andrew Parsons MHA—District of Burgeo & LaPoile 709 729-0434 1 800 518-9479

Judy Foote MP - Random/Burin/St. George's 643-4189 613-992-8655

Region A

Port au Port Area

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Emergency Services

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å **Royal Canadian Mounted Police** 643-2118

Knights of Columbus Ambulance Services - West Bay Emergency - 642-5300: For information call Alf Smith 642-5617 Mainland, Three Rock Cove, Lourdes, Black Duck Brook, Winterhouse, West Bay, Piccadilly and other areas when the need arises.

Cape St. George Ambulance Service

Emergency - 644-2222 or 643-5111 ext. 0 Cape St. George, Degrau, Red Brook, Marches Point, Sheaves Cove, Ship Cove, Lower Cove, Abraham's Cove and other areas as needed.

e la Russell's Ambulance Service

Emergency 643-5111 ext. 1 or 643-2472 Located in Stephenville, it services all communities from Kippens to Abraham's Cove in the Port au Port District.

Lourdes Volunteer Fire Department Emergency 642-2222; For information call 642-5812

<u>(a)</u> **Cape St. George Volunteer Fire Department** Emergency 644-2222: For information call 644-2290 Services Cape St. George, Degrau, Red Brook, and Marches Point

Port au Port West Volunteer Fire Department For emergency call 643-2176: For information call 648-2891.

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Port au Port East Volunteer Fire Department Emergency 643-2176; For information call 648-2731

0 **Kippens Volunteer Fire Department** Emergency 643-9501; For information call 643-5281

Health and Wellness

Western Health

709-637-5000 (Main Switchboard)

Sir Thomas Roddick Hospital

643-5111 (Main Switchboard)

Youth Outreach Worker (YOW)

Western Health - Mental Health and Addictions Kim Kendall 643-2247

Public Health Nurse

Immunizations for infants, schools and adults; health education and promotion; prenatal education; post-natal education and home visits and home support assessments.

Piccadilly Office 642-5463, 642-5772,

Cape St. George 644-2541
Services all areas on the Port au Port Peninsula

Stephenville Office 643-8707

Services to Kippens, Port au Port East, Fox Island River, Point au Mal, and Stephenville

Lourdes Medical Clinic

642-5371

Services Black Duck Brook, Winterhouse, Lourdes, West Bay, Piccadilly, Three Rock Cove and Mainland.

Cape St. George Medical Clinic

644-2660

Services Cape St. George, Degrau, Red Brook, Marches Point, Sheaves Cove, Lower Cove, Ship Cove, Abraham's Cove.

Quality Pharmacy

Lourdes- 642-5003

Seniors' Health and Wellness

Silverwood Manor

Kippens 643-6550

Port au Port East Twilight Seniors Club

Joanne Ryan 648-2731

Port au Port West Leisure Club

Pearl LeCoure 648-2676

Acadian Village Senior Retirement Living

643-9669

Tender Loving Care

Nursing and Home Care 643-9401

Social Services

Advanced Education and Skills

1-866-417-4753

Healthy Baby Club

Healthy Baby Club

644-2200 or 643-5399

Provides support to pregnant women and their families to help ensure a healthy pregnancy and a healthy newborn.

Family Resource Centres

Community Action Committee for Southwestern Newfoundland provides a fun and supportive environment for young children from birth to age six and their parents and/or care-givers. For more information contact Bernice Hancock at 643-5399

Ship Cove Family Resource Centre

644-2200

Mainland Family Resource Centre

École Ste. Anne 642-5771

Cape St. George Family Resource Centre

Our Lady of the Cape Elementary 644-2180

Port au Port East Family Resource Centre

St. Thomas Aguinas Elementary 648-2260/643-5399

Lourdes Family Resource Centre

Lourdes Elementary 642-5822

Private Counseling Services

Access Counselling and Consulting Services

Cyril Alexander 643-4111

Counselling, Consulting and Assessment Services

Elizabeth Greene 643-6206

George's Counselling Services

Tom George and Ruth George 643-4332/649-1475

Melissa A. Martin 648-9600

Scholarships & Career Services

Rosemary and Mike Finn - 643-3708

Workshops for grade 9 - 12 students on scholarships, careers, post secondary education, university, college, and other high school options. One-to-one scholarship coaching is also available.

Education

École Ste.Anne

642-5771 Mainland (K-12)

École-Notre-Dame-du-Cap

644-2170/644-2070 - Degrau (K-8)

Lourdes Elementary

642-5822 Lourdes (K-8)

Hosts an Adult Basic Education program in the evening.

Our Lady of the Cape

644-2180 Degrau (K-8)

St. Thomas Aquinas

648-2260 Port au Port East (K-8)

Piccadilly Central High

642-5752 Piccadilly (9-12)

Community Education Network (CEN) and Associates

Guided by the principles of community education, CEN along with its associate organizations, offers a wide variety of programs for people from prebirth to seniors. For more information please contact:

Community Education Network - Sharon Park 643-4891 Community Youth Network - Mary Bungay Gaultois 643-2666 Community Youth Network - Tracy Snow 643-3919 ext.35 or 643-9672. Community Action Committee - Bernice Hancock 643-5399

For a detailed list of programs and services please refer to page 4 of this guide.

Preschool/Nursery School

Lourdes Elementary Preschool Program

Sheila Snook 642-5822

La Prématernelle - École Ste. Anne 642-5254/644-2070

La Prématernelle - École-Notre-Dame-du-Cap

Cape St. George - Maria Renouf 642-5651/644-2294

Both French preschool (La Prématernelle) programs are for children aged 3 and 4 entering the French school system.

Kindergarten Readiness

Port au Port East — St. Thomas Aquinas
Programs provided by the Community Action Committee for Southwestern
Newfoundland.
Contact Sherrie Kerfont 643-5399

Churches and Religious Organizations

Our Lady of Lourdes Parish - Lourdes 642-5367

St. Philomena's Chapel - Three Rock Cove

Under the direction of the Lourdes Parish 642-5367

Chapel de Ste. Anne - Mainland

Lourdes Parish 642-5367 For information contact Ivy Collier 642-5019

Our Lady of the Cape Parish - Degrau 644-2714

Degrau Pentecostal Parsonage - Degrau 644-2424

Churches and Religious Organizations continued...

Our Lady of Fatima Roman Catholic Parish - Piccadilly 648-2774 Fax - 648-2710

Revival Ministries - Boswarlos

Greta Delouche 648-2426

Maria Regina Roman Catholic Parish

Port au Port East and West 648-2533

The Little Flower - Sheaves Cove

President - Melita Young 644-2620 Operates the community centre

Catholic Women's League - Lourdes

Liz Snook 642-5888

Knights of Columbus - Lourdes

Stan Felix 642-5582

Sports and Recreation

Black Duck Brook/Winterhouse Recreation Committee

Linda Formanger 642-5614

West Bay Recreation Committee

Linda or Norman Benoit - 642-5937

Campbell's Creek Recreation Committee

Marg Gaudon 648-2793 Operates the community centre

Sports and Recreation continued

Lourdes Recreation Committee

Betty Bungay 642-5991

Lourdes Women's Institute

Marjorie Greene 642-5887

Tots Recreation Time - Lourdes

Sheila Snook at 642-5822

Three Rock Cove Recreation Committee

Anna Bensette - 642-5914

Piccadilly Head Regional Park

642-5067 (Under direction of Port au Port Economic Development Association - 642-5831)

Sheaves Cove Recreation Committee

Melita Young 644-2620

Port au Port West Gravels Development Group

Danny McCann 648-2745 (h) 649-7593 (cell) gravels@eastlink.ca

Fox Island River/Point au Mal Recreation Committee

Jocelyn Hynes-Reid 648-2318 - Operates the Community centre and playground.

Kippens Women's Institute/Kippens Recreation Committee

Rosie Forsey 643-6602

Comité des Parents Francophone

Maria Renouf 642-5831 Camp D'Activités - Activity Camp for children in Kindergarten to grade 6 within the French school system. Program runs during the school year.

Kippens Sparks

Susan Oates 643-4688 - District Commissioner of Girl Guides for Stephenville, Cold Brook, Noel's Pond and Kippens.

Lynx 3012 Army Cadets

Henry Gaudon - 642-5271 (For youth aged 12 and up)

Playgrounds

Our Lady of the Cape School Playground

Our Lady of the Cape Elementary 644-2180

Lourdes Community Playground

Town of Lourdes - 642-5812

Lourdes Elementary School Playground

Lourdes Elementary 642-5822

Mainland School/Community Playground

Ecole Ste. Anne 642-5771

Fox Island River/Point au Mal Playground

Jocelyn Hynes-Reid 648-2318

Port au Port East School Playground

St. Thomas Aquinas 648-2260

Kippens Community Playground

Town of Kippens 643-5281

Playground is part of the Kippens recreational area which also includes softball diamonds, a basketball court, a soccer field, a tennis court, a nature trail and a winter ski trail.

Literacy

Bibliothèque Publique La Grand' Terre 642-5771

Lourdes Public School Library 642-5388

Cape St. George Public School Library 644-2852

Port au Port Public School Library 648-2472/648-2260

Francisation Familiale

642-5254

Home visitation for children aged 3 entering the French School System

Towns

Town of Lourdes

642-5812

Town of Cape St. George

644-2290

Town of Port au Port West

648-2891

Town of Port au Port East

648-2731

Town of Kippens

643-5281

Local Service Districts

Local Service District of Black Duck Brook/Winterhouse Linda Formanger 642-5614

Local Service District of Three Rock Cove

Anna Bensette 642-5914

Local Service District continued....

Local Service District of Mainland

Terry Benoit 642-4933

Local Service District of West Bay

Juantia Benoit 642-5524

Local Service District of Piccadilly Head

Wanda Jesso 642-5866

Local Service District of Piccadilly Slant/Abraham's Cove

Ray Skinner 642-5078

Local Service District of Ship Cove/Lower Cove/Jerry's Nose

Patsy Jesso 644-2839

Local Service District of Sheaves Cove

Travis Young 644-2620

Local Service District of Campbell's Creek

Litty MacDonald 648-2692

Local Service District of Fox Island River/Point au Mal

Jeff Leroy 648-2894

Waste Disposal Committee – Boswarlos

Karen Chubb 648-2810

Transportation

Centre Taxi - 642-5719

Young's Bus Service - 642-5525

Operates Tuesday, Thursday and Friday from Mainland to Stephenville and return.

DRL Bus lines - 1-888-263-1854

Eddy's Bus - Shuttle from Stephenville to Corner Brook and

Deer Lake 643-2134

Employment Services/ Economic and Cultural Development

Service Canada

1-800-206-7218

Port au Port Economic Development Association (PAPEDA)

Office 642-5831, President – Christine Kendall
Board comprised of community representatives from the Port au Port District to
promote sustainable economic, social and cultural development through
partnerships and community involvement.

(PAPEDA) Employment Assistance Services

Maria Renouf, Employment Counselor 642-5651
Offers employment related services to residents who on the Port au Port
Peninsula

Service Canada Outreach Office - Mainland

Melinda Oliver-Moraze 642-2289

L'Association Regionale de la Cote Ouest (ARCO)

Catherine Fenwick, Executive Director 642-5254
Board comprised of, and serving, the three identified Francophone
communities on the Port au Port Peninsula with a mandate of preserving and
furthering the local French language and culture.

Tourist Chalet (Summer operation)

Port au Port East Joanne Ryan - 648-2731

Employment Services/ Economic and Cultural Development continued....

Chez Les Français de L'Anse à Canards

Robert Felix 642-5498

Francophone organization located in Black Duck Brook/L'Anse à Canards and that is a member of ARCO. Operates local community centre.

Centre Scholaire et Communautaire

Mainland centre that houses École Ste. Anne, Mainland Community Television, and offices for francophone organizations and services 642-5254

L'Heritage de L'Isle Rouge

Lindsay Young 642-5254 ext. 13

Francophone organization located in Mainland/La Grand' Terre that is a member of ARCO.

Comité des Parents Francophone

Maria Renouf 642-5831

Francophone Parent Committee working to create a francophone medium for their children which will allow them to blossom through education, culture and community. Hosts Saturday Camp activities for children aged 5-11 years for children in the French school system.

Les Terre Neuviens Français

Judy Woods 644-2050

Francophone organization located in Cape St. George/Cap St. Georges that is a member of ARCO.

Our Lady of Mercy Museum/Church

Port au Port West - 648-2241/648-2632

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Bay St. George Area

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Emergency Services

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646-2600

Royal Canadian Mounted Police 643-2118

Russell's Ambulance Service - Stephenville

Emergency - 643-5111 ext. 1; Sir Thomas Roddick Hospital Or call 643-2472

Services - Stephenville Crossing, Mattis Point, St. George's, Barachois Brook, Flat Bay, St. Teresa, and Black Duck Siding

Royal Canadian Legion Ambulance Service - Jeffrey's

Emergency - 645-3200; for information call 645-2300/3201 Services Heatherton, Highlands, Jeffrey's, St. David's, Maidstone, Cartyville, Loch Leven, Robinsons, McKay's and St. Fintan's, Cape Anguille, Coal Brook, South Branch, Codroy, Codroy Pond, Doyles, Millville, North Branch, O'Regans, River Brook, Searston, South Branch, St. Andrew's, Tompkins and Upper Ferry.

Stephenville Crossing Volunteer Fire Department Emergency 646-5555; For information contact Town Office at

St. George's Volunteer Fire Department

Emergency/Fire Alarm 647-7777; For information contact the Town Office at 647-3283

Bay St. George South Volunteer Fire Department Emergency 645-2800; For information call 645-2850

Barachois Ground Search and Rescue barrynash@persona.ca

Health and Wellness

Western Health

709-637-5000 (Main Switchboard)

Sir Thomas Roddick Hospital

643-5111 (Main Switchboard)

Youth Outreach Worker (YOW)

Western Health - Mental Health and Addictions Kim Kendall - 643-2247

Public Health Nurses

Stephenville Crossing, Flat Bay, Black Duck Siding Call 646-2762

St. George's and Jeffrey's area.

Call 647-3851/645-2540

Continuing Care Public Health

Stephenville Crossing, Black Duck Siding and St. George's Call 646-3400/646-3060

Flat Bay, Jeffrey's area

Call 645-2540

St. George's Medical Clinic

St. George's 647-3542

Stephenville Crossing Medical Clinic 646-2233

Jeffrey's Medical Clinic 645-2200

Seniors' Health and Wellness

Tender Loving Care Nursing and Home Care - Heatherton

645-2400 or 1-888-339-9991 Services Bay St. George, Stephenville, Port au Port Peninsula and surrounding areas.

Bay St. George Long Term Care Centre

646-3209

Stephenville Crossing Senior Citizens Club 646-5591

Stephenville Crossing 50+ & Pensioners Club Stephenville Crossing Community Center

Harvey Gale - President Larry Wilcox - Secretary/Public Relations 646-5691

St. George's Senior Citizens Club

Stella Young 647-3343

New Horizons Seniors Club - Barachois Brook George Lee 646-2389

Middle Barachois Seniors Club - McKay's Ruby Gillam 645-2565

Sunchine Senions/ Club St Fintenis

Sunshine Seniors' Club - St. Fintan's Betty Alley 645-2010

Social Services

Advanced Education and Skills

1-866-417-4753

Healthy Baby Club

Healthy Baby Club - Marilyn Howell, HBC Coordinator 647-2044 Located in St. George's, and services surrounding communities.

Family Resource Centres

Community Action Committee for Southwestern Newfoundland

provides a fun and supportive environment for young children from birth to age six and their parents and/or care-givers. For more information contact Bernice Hancock at 643-5399 or Marilyn Howell at 647-2044

Stephenville Crossing Family Resource Centre

Located at St. Michael's Elementary 646-2822

St. George's Family Resource Centre

Main Street 647-2044

Flat Bay Family Resource Centre

Located in the Community Hall 647-2044

Private Counseling Services

Access Counseling and Consulting Services

Cyril Alexander 643-4111

Counselling, Consulting and Assessment Services

Elizabeth Greene 643-6206

George's Counselling Services

Tom George and Ruth George 643-4332/649-1475

Melissa A. Martin 648-9600

Scholarships & Career Services

Rosemary and Mike Finn - 643-3708

Provides workshops to grade 9 - 12 students on scholarships, careers, post secondary education, university, college, and other high school options. One-to-one scholarship coaching is also available.

Education

St. Michael's Elementary (K-8) - Stephenville Crossing

Our Lady of Mercy Elementary (K-8) - St. George's 647-3752

Appalachia High School - St. George's 647-3381

E.A. Butler All Grade (K-12) - McKay's 645-2330

College of the North Atlantic 646-5700 Stephenville Crossing Campus

Community Education Network (CEN) and Associates

Guided by the principles of community education, CEN along with its associate organizations offers a wide variety of programs for people from pre-birth to seniors. For more information please contact:

Community Education Network - Sharon Park 643-4891 Community Youth Network - Mary Bungay Gaultois 643-2666 Community Youth Network - Tracy Snow 643-3919 ext.35 or 643-9672. Community Action Committee - Bernice Hancock 643-5399

For a detailed list of programs and services please refer to page 4 of this guide.

Preschool/Nursery School

Happy Tots Nursery School - Stephenville Crossing 646-2822

Located at St. Michael's Elementary School. Offers nursery school to preschool aged children.

Churches and Religious Organizations

Assumption Roman Catholic Parish - Stephenville Crossing 646-2232

St. Joseph's Roman Catholic Parish - St. George's 647-3255

St. Anne's Roman Catholic Church - Flat Bay 647-3255

St. Joseph's Roman Catholic Church - Heatherton 647-3464

Highlands Roman Catholic Church - Highlands Serviced by the Stephenville Parish 643-2523

St. Columcille Roman Catholic Parish - St. Fintan's 643-2758

All Saints Anglican Parish - Stephenville Crossing 646-2959

St. Mary the Virgin Anglican Church of St. George's Mabel Morris 645-2750

Churches and Religious Organizations continued...

St. George's Anglican Church - Robinson's Mabel Morris 645-2750

St. Mary Magdalene Anglican Church - Jeffrey's Mabel Morris 645-2750

St. Michael's Anglican Church - St. David's Mabel Morris 645-2750

United Church of St. George's - Heatherton Isabelle Piccott 645-2054

Non-Denominational Christian Faith Gatherings Lester Cutler 647-3247

Anglican Church Women's Association - McKays/Robinsons Mary Hulan 645-2414

Anglican Church Women's Association - St. David's Mable Morris 645-2750

Anglican Church Women's Association - Jeffrey's Phyllis Chaffey 645-2435

Sports and Recreation

Stephenville Crossing Sports and Recreation Committee

Town of Stephenville Crossing 646-2600

Eagle Point Judo Club - Stephenville Crossing Tony Corbin 646-2332

St. George's Parks and Recreation Committee

Charlie Foote 647-3010

St. George's Recreation Centre (Recplex)

Town of St. George's 647-3741 Used for bowling, hockey, meetings, events, fund raising activity.

Girl Guides - Bay St. George South

Maureen Hulan - District Commissioner 645-2922 Sparkes (age 5-6), Brownies (aged 7-9), Girl Guides (age 9, 10 and 11) Pathfinders (aged 12-15) and Rangers (aged 15 and up)

Barachois Pond Provincial Park

Telephone reservations are available at 1-877-214-CAMP (2267) or 709 649-0048

Royal Canadian Sea Cadet Corps. 194 Calypso

St. George's and area - Terry Murphy 632-2724 Does volunteer work for various groups/ organizations in the town.

Flat Bay/St.Teresa's Community Centre

Main Road, Flat Bay East - Bernidine Blanchard 647-3624

Heatherton Community Centre

Mickey MacDonald 645-2275

Tots Recreation Nights Stephenville Crossing

For information contact Marilyn Howell at 647-2044

Bay St. George Cultural Circle

647-1391

Playgrounds

St. Michael's Elementary School Playground

St. Michael's Elementary 646-2822

Stephenville Crossing Community Playground

Town of Stephenville Crossing 646-2600

Our Lady of Mercy School Playground

Our Lady of Mercy School 647-3752

St. George's Playground

St. George's Parks and Recreation Committee Charlie Foote 647-3010

Literacy

Stephenville Crossing Public Library

646-2173

St. George's Public Library

647-3808

Bay St. George South Public/School Library

645-2186

Located at E.A. Butler All Grade School - McKay's

Towns

St. George's Town Office

647-3283

Stephenville Crossing Town Office

646-2600

Local Service Districts

Local Service District of Mattis Point

Cynthia Bennett 646-2654

Local Service District of Barachois Brook

Gerard Lee 646-2670

Local Service District of Flat Bay East

Kim Long 647-3014

Local Service District of Black Duck Siding

Eliza Matthews 646-2238

Local Service District of Bay St. George South

645-2850

Comprised of members from Heatherton, McKay's, Jeffrey's, Cartyville, Robinsons, St. David's, Highlands, Lock Leven and St. Fintan's.

Transportation

Doucette's Taxi - Stephenville Crossing 646-5169

DRL Bus lines 1-888-263-1854

Employment Services/ Economic and Cultural Development

Service Canada 1-800-206-7218

Qalipu Mi'Kmaq Employment and Training

Monique Carroll - Community Liaison 647-3096

Bay St. George South Area Development Association

645-2850

Board comprised of community representatives to promote sustainable economic, social and cultural development through partnerships and community involvement.

Employment Services/ Economic and Cultural Development Continued...

St. George's Indian Band Council - St. George's

Violet Dawson - Chief 646-2005

Flat Bay Indian Band Council

Liz LaSaga - Chief 647-1370

Community Employment Readiness Centre

643-9805

Outreach to Flat Bay, St. George's and McKay's. Employment and career related services.

Service Clubs and Organizations

Stephenville Crossing Environmental Conservation Committee

Stephenville Crossing - Neil Dollard 646-2268

Stephenville Crossing Lions Club

Gordon Bishop 646-2955

Royal Canadian Legion - Branch 38 /Ladies Auxiliary

St. George's - Robert Garnier - President 647-3546

Royal Canadian Legion - Branch 60

Jeffrey's - Raymond Patey 645-2381 (h) 645-2300 (Legion)

Leading Edge Credit Union

St. George's 647-2000; Jeffrey's 645-2512

Three Rivers Lions Club

McKavs - David Hulan 645-2144

Three Rivers Lioness Club

McKays - Lavina Curnew 645-2501

Region C

Burgeo Area

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Emergency Services

Royal Canadian Mounted Police

Located in Burgeo—886-2241- Burgeo/Ramea or 1-800-380-1210- Grey River, Francois, and Grand Bruit

Reliable Ambulance Service

Burgeo 886-3350

Burgeo Volunteer Fire Department

For emergencies call 886-2737
To report fire call 886-3333; for information call the Ladies Auxiliary - Laura Hann 886-2974.
Sponsors Junior Firefighting Courses and First Aid for members. The fire department raises funds for the department along with the Burgeo Burnettes (Ladies Auxiliary)

Francois Volunteer Fire Department

Aubrey Greene (Fire Chief) 842-4116

Grey River Volunteer Fire Department Alvin Young (Fire Chief) 296-4116

Ramea Volunteer Fire Department For emergencies call 625-2333; James Poole (Fire Chief) 625-2800

Burgeo Ground Search and Rescue

Wilfred Porter 886-2509 (h) 886-3331 (w) Volunteer organization that perform ground and water search and rescue efforts.

Health and Wellness

Western Health

709-637-5000

Public Health Nurses

Immunizations for infants, schools and adults; health education and promotion; prenatal education; post-natal education and home visits.

Burgeo 886-3360

Ramea 625-2261 (visits coastal communities of Grey River and Francois)

Community Supports

Western Health 886-2294

Child Protection and Youth Corrections

Western Health 886-2297

Mental Health and Addictions

Western Health 886-2185

Grey River Medical Clinic

296-4113

Calder Health Care Clinic - Burgeo

886-3350

Provides non-surgical and chronic care, lab testing, physiotherapy, and physical exams. Houses general practitioners, Public Health, and Mental Health and Addictions Services.

Ramea Medical Clinic

625-2115 Emergency pager 886-7744. Nurse Practitioners visit Grey River and Francois

Ramea Health Services Committee

Les Cutler, Chair 625-2006

A volunteer committee with representatives from various community organizations deals with health service issues.

Health and Wellness Continued...

HELP (Helping Ease Life's Problems) Committee

Ada Vatcher 886-2294 - Burgeo Committee promotes Mental Health and Addictions awareness, as well as fundraising for worthy causes.

Burgeo Pharmacy 886-2796

Ramea Cosmetics and Pharmacy 625-2155

Alcoholics Anonymous - Burgeo 886-3379

Seniors' Health and Wellness

Southwest Seniors Housing Complex

Burgeo - Kay Cossar 886-2281

Senior Puffin Club - Ramea

Arthur Marsden 625-2555 Operates the Senior Puffin Museum

Social Services

Advanced Education and Skills 1-866-417-4753

Family Resource Centres

Community Action Committee for Southwestern Newfoundland

provides a fun and supportive environment for young children from birth to age six and their parents and/or care-givers. For more information contact: Bernice Hancock at 643-5399.

Burgeo Family Resource Centre - 886-2590

Located at Burgeo Academy.

Ramea Family Resource Centre

Located at St. Bonafice All Grade - 625-2283 Provides Drop-In-Play programs.

Education

St. Simon/St. Jude - Francois (K-12) 842-3371

St. Boniface All Grade - Ramea (K-12) 625-2283

Burgeo Academy - Burgeo (K-12) 886-2590

All Saints All Grade - Grey River (K-12) 296-3151

Community Education Network (CEN) and Associates

Guided by the principles of community education, CEN along with its associate organizations, offers a wide variety of programs for people from pre-birth to seniors. For more information please contact:

Community Education Network - Sharon Park 643-4891 Community Youth Network - Mary Bungay Gaultois 643-2666 Community Youth Network - Tracy Snow 643-3919 ext.35 or 643-9672. Community Action Committee - Bernice Hancock 643-5399

For a detailed list of programs and services please refer to page 4 of this guide.

Preschool/Nursery School

Preschool Early Start Program

St. Bonafice All Grade School - Ramea 625-2283

Burgeo Academy Preschool

Located at Burgeo Academy Holly Niemi 886-2590

Churches and Religious Organizations

Faith United Church - Burgeo

Wilson Gonese - 886-2222

St. John the Evangelist Anglican Church - Burgeo

St. Boniface Anglican Church - Ramea

Wilhelmina Green 625-2273

St. Patrick's Roman Catholic Church & Hall - Ramea Marlene Augustus 625-2716

St. Simon/St. Jude Anglican Church- Francois Bernice Greene 842-4116

Church of the Transfiguration (Anglican) - Grey River Alvin Young 296-4116

Churches and Religious Organizations continued...

Burgeo Roman Catholic Church - St. Jude's Chapel

Margaret Hann 886-2527

Loyal Orangemen's Lodge - Grey River Garfield Young 296-3121

Ladies Orange Benevolent Association - Grey River Linda Young 296-4114

Ladies Orange Benevolent Association - Burgeo Betty Strickland 886-2743

Loyal Orangeman's Lodge - Ramea

Edwin Lushman 625-2068

Burgeo United Church Women

Ethel Randell 886-2160 Operate a Thrift Store out of the United Church Hall

Anglican Parish Hall - Burgeo

886-2289

Burgeo Anglican Church Women

Karen Buckland 886-2920; Brenda Strickland 886-2121

Ramea Anglican Church Women

Mary Fiander 625-2460; Effie Dominey 625-2266

Francois Anglican Church Women

Doris Fudge 842-3459

Sports and Recreation

Burgeo Recreation Commission

Stacey Pink 886-1354

Burgeo Minor Hockey

Tom Cutler - 886-1259 Hockey program for children aged 5 and up.

Seagull Recreation Committee - Francois

Linda Fudge 842-3471

Beavers - Ramea

Una Sibley 625-2328 Program for boys and girls aged 5-8.

Cubs - Ramea

Maxine Stewart 625-2144 Program for children aged 8-11

Girl Guides, Sparks, Brownies - Burgeo

Paulette Hann 886-1230 Programs for girls aged 5 and up.

Ramea Recreation Commission

Ramea Town Council 625-2280 Operates the Skating Rink, Ball field, Playground, and Outdoor Swimming Pool

Burgeo Recreation Complex

Stacey Pink 886-1354

Sandbanks Provincial Park

Derrick Mercer 886-1212

Burgeo Sea Cadets

Albert Ingram 886-2742

Ramea Sea Cadets

Lloyd Rossiter 625-2317 Youth age 12 and up.

Ramea Community Skating Rink

Town Office - 625-2280

Ramea Community Ball field

Town Office - 625-2280

Ramea Outdoor Swimming pool

Town Office - 625-2280

Playgrounds

Ramea Playground

Town Office - 625-2280

Francois Playground

Francois Local Service District Austin Fudge 842-3396

Burgeo Community Playground

Burgeo Town Council 886-2250

Sandbanks Provincial Park Playground

Derrick Mercer 886-1212

Literacy

Marie S. Penny Memorial Public/School Library Ramea - 625-2344

Burgeo Public/School Memorial Library

Located at Burgeo Academy 886-2730

St. Simon/St. Jude School Library - Francois 842-3371

All Saints All Grade School Library - Grey River 296-3151

Towns

Town of Ramea

625-2280

Town of Burgeo

886-2250/886-2582

Programs and services provided by the town are the Burgeo Recreation Complex, ballfield, playground and summer recreation program.

Local Service Districts

Grey River Local Service District

Annie Rose 296-2100

Francois Local Service District/Recreation Committee

Austin Fudge 842-3396

Maintains ball field, playground, summer recreation program, and the Seagull Recreation Centre.

Transportation

Francois/Grey River Coastal Service

Department of Transportation and Works Tel: 1-888-638-5454 within Canada

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Ramea, Grey River, Burgeo Ferry Service

Department of Transportation and Works

Tel: 1-888-638-5454 within Canada

Grand Bruit/Lapoile/Rose Blanche Ferry Service

Department of Transportation and Works

Tel: 1-888-638-5454 within Canada

South Coast Taxi Burgeo 886-2482

Burgeo Bus Line Conrad Durnford 886-2822

DRL Bus lines 1-888-263-1854

Employment Services/ Economic and Cultural Development

Service Canada 1-800-206-7218

Burgeo Employment Assistance Services

886-3389

Extends employment related services to residents

Ramea Economic Development Corporation

625-2235

Service Clubs and Organizations

Burgeo Lion's Club

886-2850. King Lion - James C. Marsden 886-2449 Operates the Lion's Community Centre, ball field and skating rink. Hosts annual speak-offs and Lion's Quest programs for school aged children, and raises money for people with illness.

Burgeo Lionesses

Edith Marsden 886-2449

Lion James B. Parsons Memorial Community Centre

Ramea 625-2320 Paul Green - 625-2273

Public Information/Media Services

Burgeo Broadcasting System

886-2935/1243

Ramea Broadcasting

625-2618/2048

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Port aux Basques Region

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Emergency Services

Royal Canadian Mounted Police

Port aux Basques and area 695-2149

a**⊑**a MacKenzie Ambulance Service

Emergency 695-2175

Services the entire area from Rose Blanche to the Codroy Valley

(A) Port aux Basques Volunteer Fire Department and Firettes Department 695-2323 (Emergencies)

Social Club (Fire Hall) 695-7418

Rose Blanche Volunteer Fire Department 956-2372

Burnt Islands Volunteer Fire Brigade

Emergencies 698-3512

Isle aux Morts Volunteer Fire Brigade/Firettes Emergency 695-2500

Codroy Valley Volunteer Fire Department 955-2539

(A) **Cape Ray Volunteer Fire Brigade and Fire Hall** 695-3473

(A) Margaree/Fox Roost Volunteer Fire Brigade/Firettes Carolann Ingram - 698-3444

6 **Lapoile Fire Hall**

Harry Vautier 496-3221

Food for Friends

Kevin Dominey 695-2481 Sponsored by Coleman's Food Centre and The Southwest Coast Ministerial Association

Health and Wellness

Western Health

709-637-5000 (Main Switchboard)

Dr. Charles LeGrow Health Centre 695-2175

24 Hour Emergency Line 695-4555 Outpatient/Emergency 695-4560

Public Health Nursing

Immunizations for infants, schools and adults; health education and promotion; prenatal education; post-natal education and home visits.

Port aux Basques and area - 695-6250

Codrov Valley - 955-2710

Western Health Community Supports

695-6250

Child Youth and Family Services

695-2120

Addictions Services

695-6250 or 695-4549

Mental Health Services

695-6250 or 695-4650

Youth Outreach Worker (YOW)

Western Health - Mental Health and Addictions Krista Loveless 695-6901

Audiology Services

695-6250

Speech/Language Pathology

695-6250 or 695-4523

Dr. Doug Cote - Optometrist, Port aux Basques 695-2169

Dr. Dulach O'Brien - Dentist, Port aux Basques 695-7557

Health and Wellness continued...

General Practitioners, Port aux Basques

Dr. Wendy Graham 695-7775

Dr. Mothafar Mosawe 695-7303

Dr. Tawfik Husni 695-3303

Dr. Thomas 695-6295

Dr T. Ruzack 695-2196

Dr. Charles LeGrow Health Centre Inpatient Counseling

Amy Marche - 695-4533.

Port aux Basques Public Health Clinic

695-6250

Dr. Charles LeGrow Health Foundation

Wayne Green - 695-3926

Rose Blanche Medical Clinic

956-2270/695-4623

LaPoile Public Health Clinic

496-352

Doyles Medical Clinic

955-2443

Medicine Cabinet Pharmacy

Port aux Basques 695-7011

Shoppers Drug Mart

Port aux Basques 695-7051, ext. 10 for pharmacy

Valley Pharmacy

Doyles 955-2398

Canadian Diabetes Association

Diabetes Nurse Educator - Marcheta Warren - 695-4625

Alcoholics Anonymous - Port aux Basques

695-2175

Al-Anon - Port aux Basques

695-2175

Health and Wellness continued...

Peaceful Communities

Dana King 955-2710

Gateway Status of Women Council

695-7505

Seniors' Health and Wellness

Hilliard's Personal Care Home – Codroy Valley 955-2339

Mountain Hope Manor Personal Care Home

Port aux Basques 695-3458

Seniors' Cottages and Apartments

Port aux Basques 695-2175

Sheaves Seniors' Apartments

695-7139

Oceanside Seniors' Club - Codroy Valley

955-2339

Port aux Basques Senior Citizens Club

695-2255

Good Samaritan Club 50+ Isle aux Morts Club

698-3167

Social Services

Advanced Education and Skills 1-866-417-4753

Healthy Baby Club

Healthy Baby Club

Jodie Mercer 695-2616 Provides support to pregnant women and their families to help ensure a healthy pregnancy and a healthy newborn

Family Resource Centres

Community Action Committee for Southwestern Newfoundland

provides a fun and supportive environment for young children from birth to age six and their parents and/or care-givers. For more information contact Bernice Hancock at 643-5399.

Port aux Basques Family Resource Centre Krystle Collier 695-2616

Isle aux Morts Family Resource Centre Michelle Keeping 698-3722

Education

St. James Elementary (K-6) Port aux Basques 695-3001/695-3186

St. James Regional High (7-12) Port aux Basques 695-3551

Belanger Memorial (K-12) - Upper Ferry 955-2940

Douglas Academy (K-9) - LaPoile 496-4116

Education continued...

Grandy's River Collegiate (K-12) - Burnt Islands 698-3582

LeGallais Memorial (K-9) - Isle aux Morts 698-3722

College of the North Atlantic - Port aux Basques Campus 695-3343/3582

Community Education Network (CEN) and Associates

Guided by the principles of community education, CEN along with its associate organizations, offers a wide variety of programs for people from pre-birth to seniors. For more information please contact:

Community Education Network - Sharon Park 643-4891 Community Action Committee - Bernice Hancock 643-5399

For a detailed list of programs and services please refer to page 4 of this guide.

Preschool/Nursery School

Kindergarten Readiness Program

Port aux Basques. Located at St. James Elementary - 695-3001

LeGallais Memorial Kindergarten Readiness Program

Isle aux Morts. Located at LeGallais Memorial School 698-3722 or Michelle Keeping - Program Operator 698-3722

Play School

Burnt Islands - Located at Grandy's River Collegiate and operated by parent volunteers. 698-3582

Churches and Religious Organizations

Faith Pentecostal Tabernacle - Port aux Basques 695-2309/3142

St. James Anglican Church - Port aux Basques 695-2256 (rectory) 695-2592 (office)

St Michael's Roman Catholic Church - Port aux Basques 955-2250

St. Paul's Anglican Church - Port aux Basques 695-2518

Wesley United Church - Port aux Basques 695-3434

St. Sylvester's Roman Catholic Church - South Branch 955-2250

Church of the Precious Blood (Roman Catholic) - St. Andrew's 955-2250

St. Ann's Catholic Church - Upper Ferry 955-2250

St. Michael's All Angels Anglican Church - Rose Blanche 956-2170

St. Thomas Anglican Church - LaPoile 956-2170

Holy Spirit Anglican Church - Isle aux Morts 698-3766

St. John the Evangelist Anglican Church - Cape Ray Myrtle Warren 695-3396 Church hall located in basement.

St. Augustine's Anglican Church - Margaree/Fox Roost 698-3766

Holy Trinity Anglican Church - Codroy 695-2518

Churches and Religious Organizations continued...

Kingdom Hall of Jehovah Witness - Port aux Basques 695-3475 or 955-2195

Salvation Army Church - Port aux Basques 695-7152

Southwest Coast Ministerial Association

698-3766

Sponsors food bank in partnership with Coleman's Food Centre

St. Paul's Anglican Church Women's Guild - Port aux Basques

St. George's Anglican Church Women's Guild – Burnt Islands 698-3481

Holy Spirit Anglican Church Women's Guild – Isle aux Morts 698-3712

Stewardship Committee of the Holy Spirit Anglican Church - Isle aux Morts

698-3643

St. James Anglican Church Women's Guild - Port aux Basques 695-2256 (rectory) 695-2592 (office)

Masonic Lodge - Port aux Basques 695-7295

Royal Orangemen's Lodge - Port aux Basques 695-2967

Royal Orangemen's Lodge - Rose Blanche 956-2423

Royal Orangemen's Lodge - Burnt Islands 698-3531

Royal Orangemen's Lodge - Isle aux Morts 698-3132

Sports and Recreation

Bruce II Sports Centre

Mike Mercer 695-3592

Bowling, curling, ice hockey, ball hockey, skating, swimming, and a fitness centre. Sponsors a summer recreation program.

Port aux Basques Minor Hockey

Curtis Butt 695-9647

Port aux Basques Ballfield

Mike Mercer 695-3592 Located on Hardy's Arterial

Port aux Basques Multi-Purpose Courts

Mike Mercer 695-3592

One located on Lakeshore Road and one located on Grand Bay Road.

Port aux Basques Soccer Field

Mike Mercer 695-3592 Located on Currie Avenue

Grandy's River Collegiate Basketball Court and Ballfield

Burnt Islands - 698-3582

Codroy Valley Sports Complex - Upper Ferry

Codroy Valley Recreation Association 955-2087; or 955-2121 (Located behind Belanger Memorial School. Includes a soccer field, ball field and a ball hockey court)

Tots Recreation Time

PAB Family Resource Centre 695-2616 Isle aux Morts/Burnt Islands - 698-3722

Burnt Islands Recreation

698-3553

St. Ann's Social Centre - Upper Ferry

955-2268

Sports and Recreation continued...

Isle aux Morts Community Centre

Operated by the Town of Isle aux Morts 698-3441

South Branch Community Centre and Social Club

Bill Aucoin 955-2116

Mountain View Community Centre - St. Andrew's

Terri Ludee 955-2042

Scott's Cove Park - Port aux Basques

Mike Mercer 695-3592 Public entertainment park located on Marine Drive

Little Paradise RV Park

Diane Anderson 955-2682

J.T. Cheeseman Provincial Park - Cape Ray

Bill LeFrense 695-7222

Royal Canadian Legion Memorial Park - Port aux Basques

Gerald Lomond 695-2504 Located on Grand Bay Road

Grand Codroy Park

Alice & Dennis Keeping 955-2058 / 955-2520 (Park) Privately owned Recreational Vehicle and Tenting Park

Girl Guides - Port aux Basques

Cindy Pink 695-2254

Brownies - Port aux Basques

Veronica Harvey 695-9662

Sparks - Port aux Basques

Veronica Harvey 695-9662

2357 St. James Cadet Corps

Sylvia Seaward or Charlie Osmond 695-9434

Sports and Recreation continued...

Grand Codroy Army Cadet Corps

Lydwena MacArthur 955-2370

Rangers - Port aux Basques

Don Churchill 695-2503

Playgrounds

Grand Bay West Playground - Port aux Basques

Mike Mercer - Recreation Director 695-3592 Located on Cabot Street

Little Bay Park Playground - Port aux Basques

Mike Mercer – Recreation Director 695-3592 Located on Bay Street. Playground, basketball court and picnic area.

Hideaway Park Playground - Port aux Basques

Mike Mercer 695-3592 Located on Hardy's Arterial

Andy's Rainbow Park Playground - Port aux Basques

Fred Pretty 695-3592

Playground and picnic area. Located on Stadium Road.

Playgrounds continued...

St. James Elementary School Playground - Port aux Basques St. James Elementary 695-3186

Belanger Memorial School Playground - Upper Ferry Belanger Memorial School 955-2940

Burnt Islands Playground - Burnt Islands 698-3553

Isle aux Morts Playground 698-3441 (Town Council Office)

South Branch Social Club and Playground Bill Aucoin 955-2116

Little Paradise RV Park Playground Diane Anderson 955-2682

J.T. Cheeseman Provincial Park Playground Cape Ray Bill LeFrense 695-7222

Cape Ray Community Playground Ann Osmond 695-3072

Fox Roost Community Playground Sonya Hayward 698-2413 Wendy Osmond 698-3077

Literacy

Port aux Basques Public Library 695-3471

Codroy Valley Public Library 955-3158

Towns

Town of Port aux Basques 695-2214

Town of Rose Blanche/Harbour Le Cou 956-2540

Town of Burnt Islands 698-3512

Town of Isle aux Morts 698-3441

Local Service Districts

Local Service District of St. Andrew's Donnie Tufts 955-2725

Local Service District of O'Regans John Skinner 955-3177

Local Service District of Cape Ray Ann Osmond 695-3072; Esther Carter 695-9773

Local Service District of Margaree/Fox Roost Bernard Warren 698-3786; Junior Billard 698-3410

Local Service District of Great CodroyJohn and Annalee Downey 955-3017

Local Service Districts continued...

Local Service District of Tompkins Ted Wall 955-2677

Local Service District of Upper Ferry

Robert O'Gorman 955-2864

Local Service District of Benoit's Siding/Doyles

Barbara MacNeil 955-2489

Transportation

Gateway Coastlines

Port aux Basques 695-9700

Gateway Taxi - Port aux Basques

695-3333

Scott's Taxi- 695-7777

Doyles Transport - Grand Bay

695-2738

Marine Atlantic Ferry Service - Port aux Basques

1-800 341-7981 (Info and reservations) Corporate offices 772-8957

DRL Buslines 1-888-263-1854

Employment Services/ Economic and Cultural Development

Service Canada

1-800-206-7218 (El Enquires) 695-5000 (Port aux Basques office)

Community Education Network Career Information Resource Centre (CIRC)

695-7755

Career and employment related services

Marine and Mountain Zone Corporation

Port aux Basques 695-9350

Innovation, Business and Rural Development

695-9871

Codroy Valley Area Development Association 955-2109

Gateway Community Development Corporation

Port aux Basques 695-7406

Gateway Status of Women

Employment Counsellor 695-7505

Community Employment Corporation

Manager 695-2112

Services individuals who are employment disadvantaged

Rec House

Youth Information/Resource Centre operated by the Community Youth Network Port aux Basques 695-5882

Service Clubs

Kinsmen Club - Rose Blanche

Austin Clarke - 956-2228/956-2718

Kinsmen Club - Port aux Basques

Kinsmen Club 695-7177

Royal Canadian Legion Branch 11 - Port aux Basques

Lorna Savey 695-3981; Legion 695-3242

Royal Canadian Legion Ladies Auxiliary

695-3242

Pensioner's Association - Port aux Basques

Harry Pardy 955-2993

Lion's Club/Lionesses - Port aux Basques

695-3421

Odd Fellows Lodge - Port aux Basques

Colin Short 695-9311

Codroy Valley Knights of Columbus - Codroy Valley

Ted Aucoin 955-2263

Public Information/Media

Gulf News

695-3671

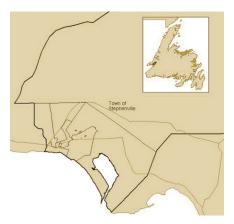
Burnt Islands Community TV/Radio

698-3553

Region E

Stephenville Area

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Emergency Services

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Royal Canadian Mounted Police 643-2118

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Stephenville Fire Department

For emergency call 643-2176; for information call 643-8376

Russels Ambulance Services

Emergency 643-5111 ext. 1; For information call 643-2472 or 643-3953 Russell's Ambulance service cut-off points are Gallants, the Crossroads at Piccadilly, Fishell's River Bridge, 90% turn toward Burgeo, and the Buchan's 1st Campsite.

Stephenville Emergency Food Services 643-4010 Cavelle Russell Open on Friday 9:00 am -1:00 pm

Health and Wellness

Western Health

709-637-5000 (Main Switchboard)

Sir Thomas Roddick Hospital

643-5111 (Main Switchboard)

Public Health

643-8700

Population Health

643-8700

Continuing Care - Home Care

643-8700

Health and Wellness continued...

Ben's Pharmacy 643-2012

Shoppers Drug Mart 643-5351

John Howard Society 643-5894

Victims' Services

Cindy Malloy-Butt 643-6618 Dawn Chaffey-643-6588 Department of Justice Program

Bay St. George Sick Children's Foundation 643-5900

Bay St. George Association for Community Living Cathy McIsaac 648-2846 (Volunteer)

Career Employment Disabilities Case Management Centre (NL and Lab. Inc.) Sharon Gillis-Pelley 634-0928
Toll free 877-634-0928

Bay St. George Association for the DisabledPaula Saunders 643-5915

Western Regional Integrated Services Management Team Lisa Wheeler 637-4004

Bay St. George Residential Support Board 643-9762

Victorian Order of Nurses (VON) 634-2042

Bay St. George Status of Women Council 643-4444

Health and Wellness continued...

Sexual Abuse Community Services (SACS) 643-8740

Mental Health Services 643-8740

Youth Outreach Worker (YOW)

Western Health - Mental Health and Addictions 643-2247

Addictions Services 643-8720

Bay St. George Coalition to End Violence Helen Hynes 643-8740 Bernice Hancock 643-5399

Southwestern Coalition to End Violence Cheryl Bennett 643-1022

Sir Thomas Roddick Hospital 643-5111

Bay St. George Medical Clinic 643-6635

Dr. J.T. Dennis Medical Clinic 643-9657

Stephenville Community Medical Clinic 643-5656

Dr. M. Smolarkiewicz Dr. A.J. McComiskey

Dr. Kraneka - Psychiatrist 643-1973

Dr. Beaumont - Psychiatrist 643-1973

Dr. Hurley - Dentist 643-4555

Dr. Pilgrim - Dentist 643-4555

Health and Wellness continued...

Dr. Bruce Roberts (Dentist) 643-2151

Dr. Shea (Dentist) 643-3125

Dr. lan Marche (Dentist) 643-6616

Atlantic Denture Clinic

643-2231 or 1-800-563-1035

Bay St. George Chiropractic Clinic

Debbie Brake-Patten 643-3111

Tabletop Family Chiropractic & Physiotherapy

643-6676

Gulf Massage and Physiotherapy Clinic

643-5347

Porter Professional Services (Linnick Physiotherapy)

643-4666

Dr. A.Z. Abdeen (Optometrist) 643-5217

First Choice Vision Centre

643-3496

Vogue Optical

643-5936

Newfoundland Hearing Health Centre

643-6339 634-1183

Durnford Prosthetic and Orthotic Services

643-3453

Dominion Pharmacy 643-0852

Walmart Pharmacy 643-4192

Seniors' Health and Wellness

Senior Citizen's Centre

643-2248

Acadian Village Senior Retirement Living

643-9669

Tender Loving Care

Nursing and Home Care 643-9401

Social Services

Advanced Education and Skills

1-866-417-4753

Healthy Baby Club

Healthy Baby Club

Bernice Hancock 643-5399 Provides support to pregnant women and their families to help ensure a healthy pregnancy and a healthy newborn.

Private Counselling Services

Access Counselling and Consulting Services

Cyril Alexander 643-4111

Counselling, Consulting and Assessment Services

Elizabeth Greene 643-6206

George's Counselling Services

Tom George and Ruth George 643-4332/649-1475

Melissa A. Martin 648-9600

Scholarships & Career Services

Rosemary and Mike Finn - 643-3708 Provides workshops to grade 9 to 12 students on scholarships, careers, post secondary education, university, college, and other high school options. One-to-one scholarship coaching is also available.

Family Resource Centres

Family Resource Centre - Stephenville

L.S. Eddy Memorial Complex - 31-37 Gallant Street Community Action Committee for Southwestern Newfoundland provides a fun and supportive environment for young children from birth to age six and their parents and/or care-givers. For more information contact Bernice Hancock at 643-5399.

Education

Western School District

Wilhelmina Hardy - Regional Education Officer 643-9525

Stephenville Primary (K-3)

643-2331

Stephenville Elementary (4-5)

643-2927

Stephenville Middle School (6-8)

643-5101

Stephenville High (9-12)

643-9672

Pathfinder Learning Centre

643-3950

Education continued...

College of the North Atlantic (CNA)

Main Office 643-7841

Headquarters is located in Stephenville. CNA is Newfoundland and Labrador's Public College System and is the largest post-secondary educational and skills training centre in Atlantic Canada.

Western College 643-6444

A nationally recognized educational institution that has been educating adults for over 15 years.

Safeway Driving School 643-9003

Duane Ross - Operator

Community Education Network (CEN) and Associates

Guided by the principles of community education, CEN along with its associate organizations, offers a wide variety of programs for people from pre-birth to seniors. For more information please contact:

Community Education Network - Sharon Park 643-4891
Community Youth Network - Mary Bungay Gaultois 643-2666
Community Youth Network - Tracy Snow 643-3919 ext.35 or 643-9672.
Community Action Committee - Bernice Hancock 643-5399

For a detailed list of programs and services please refer to page 4 of this guide.

Preschool/Nursery School/Daycare

Care-A-Lot Daycare

Anne Green - 643-4206

Jack and Jill Nursery School

643-2582

For children aged 3-5 years.

Stephenville High Infant Care Centre

643-3919 ext. 29

Infant/toddler care for children 2 and under. Priority will be given to parents attending Stephenville High School.

Churches and Religious Organizations

St. Augustine's Anglican Parish

643-2961

United Church of Canada/St George's Pastoral Charge

643-2790

Salvation Army

643-3482

Operates a thrift shop on Main Street - 643-6611

St. Stephen's Roman Catholic Church

643-2523

Jehovah's Witness

643-5768

Zion Pentecostal Church

643-2744

United Pentecostal Church

643-3543

Knights of Columbus Santa Maria Club

643-2557

Sports and Recreation

Stephenville Dome

643-2591

Regional Aquatic Centre

643-6689

Stephenville Leisure Club

Town of Stephenville 643-8360

Stephenville Outdoor Recreational Areas

Town of Stephenville 643-8360

Outdoor recreational facilities include a golf course, cross country ski trail, 6 soccer fields, 3 softball diamonds, 1 baseball diamond, a skateboard park, 3 tennis courts, a walking/skateboard/biking trail, and a large playground located by the Regional Aquatic Centre.

Caribou Curling Club

Dennis Byrne 643-2075; Curling Club 643-4871

Whaleback Nordic Ski Club

Doug Fowlow 643-9540

Harmon Seaside Links Golf Club

Loyola O'Connor 643-4322

Indian Head Judo Association

Chris LaVallee 643-9188

Curves for Women

643-9507

West Coast Training Center

643-2653

Universal Health Club

Byron Alexander 643-9000

Sports and Recreation continued...

West Coast Provincial Training Centre

643-2653

A facility that provides space for judo, karate, squash, badminton, basketball, volleyball, weight-lifting, and tennis for all ages.

Stephenville Minor Soccer Association

Town of Stephenville 643-8360

Stephenville Minor Baseball Association

Town of Stephenville 643-8360

Girl Guides

Susan Oates 643-4688 - District Commissioner of Girl Guides for Stephenville District including Cold Brook, Noels Pond and Kippens. Programs include Sparks for Kindergarten and grade 1; Brownies for grade 2 and 3; Girl Guides for grades 4 to 6; Pathfinders for grades 7 to 9; and senior programs including Rangers, Junior Leaders and Cadets.

Scouts Canada

Mike Benoit 643-4047 - Chairperson Stephenville Boy Scouts. Programs include Beavers for Kindergarten to grade 2; Cubs for grades 3 to 5; Scouts for grades 6 to 8; Ventures for boys after grade 8; and senior programs such as Rangers, Junior Leaders and Cadets.

708 Air Cadets

David Johnston 643-6767

Royal Newfoundland Regiment Reserve of Stephenville 643-8144

Indian Head Rod and Gun Club

643-5301

Playgrounds

Stephenville Playground

Town of Stephenville 643-8360 Located by the Regional Aquatic Centre

Stephenville Elementary Playground

Gerald Lannon, Principal 643-2927

Stephenville Primary Playground

Gerald Morgan, Principal 643-2331

Literacy

Kindale Public Library 643-4262

Bay St. George Literacy Council 643-4121

Adult Basic Education Level 1

Community Education Network, Angie Kerfont 643-4891

Adult Basic Education Level 1, 2 and 3

Western College 643-6444

Adult Basic Education Level 2 and 3

College of the North Atlantic 643-7841

Towns

Town of Stephenville

Tom O'Brien- Mayor 643-8365 Town Manager 643-8366

Transportation

Eddy's Shuttle Service 643-2134

Blue Bird Taxi 643-2525

Crown Taxi and Charter Bus Service 643-2424

Provincial Air Lines 643-3400

DRL Buslines 1-888-263-1854

Employment Services/ Economic and Cultural Development

Service Canada 1-800-206-7218

Community Employment Readiness Centre (CERC) 643-9805 Employment and career related services.

Bay St. George Community Employment Corporation 643-3470/643-9611

Long Range Community Business Development Corporation 643-5606

Stephenville Theatre Festival/Festival of the Arts 643-4982

Stephenville Arts and Culture Centre 643-4553

Newfoundland Aboriginal Women's Network (NAWN) 643-1290

Service Clubs and Organizations

Bay St. George SCAPA

(Society for the Care and Protection of Animals) 643-2811 Shelter

Lion's Club (President) Earl Barrett

Lion's Club Building 643-2795

Lioness Club Minette Shave 643-2866

Service Clubs and Organizations continued...

Royal Canadian Legion (Branch 35)

Contact Yvonne Healey 643-6196 Legion 643-2077

Stephenville Kinsmen Club

Bill Janes 647-3110/649-9381

Bay St. George Chamber of Commerce 643-5854

Rotary Club - Robin Davis 646-2776

Provincial Government Offices

Advanced Education and Skills 1-866-417-4753

Department of Motor Vehicle 643-8635

Department of Fisheries and Oceans (Conservation and Protection) 643-8001

Department of Works, Services and Transportation 643-5311

Department of Innovation, Trade and Rural Development 643-2600

Newfoundland and Labrador Housing Corporation 643-6826

Provincial Information and Library Resources Board 643-0900

Government Services Centre 643-8650

Birth, Death, Marriage and Change of Name Certificates

Public Information/ Media

Channel 12 Ads - Local Cable Channel

Contact Debbie's Video - 643-5277

The Georgian 643-4531

The Western Star 643-4531

CFSX 643-2191

Interesting websites for families:

General Parenting and Family Information

www.cccf-fcsge.ca Canadian Child Care Federation is a national non-profit organization whose mission is to improve the quality of child care services for Canadian children and families.

www.childcarecanada.org Childcare Resource and Research Unit (Centre for Urban and Community Studies-University of Toronto)

www.cwla.org/positiveparenting Child Welfare League of America - Positive Parenting http://www.dadscan.org

www.excellence-earlychildhood.ca/ Center of Excellence for Early Childhood Development (CEECD)

www.growinghealthykids.com Growing Healthy Canadian Children, A guide for Positive Child Development (Health Canada and the Canadian Mother Craft Society)

http://fnih.investinkids.ca/ Invest in Kids Foundation - make the most of children's first five years. Ph 1-877-583-KIDS

www.todays-parents.com Canada's #1 parenting magazine.

Health and Well Being Information

www.canadianhealthnetwork.ca Information on the health and well-being of all Canadians with group specific headings (Health Canada).

www.cps.ca Information about child health care (Canadian Paediatric Society).

www.dietitians.ca Eat Well, Live Well, Dietitians of Canada, Toronto, Ont. Ph 416-596-0857 Fax 416-596-0603.

www.getnetwise.org Internet Education Foundation provides a guide to safety on the internet

www.hc-sc.gc.ca Health Canada, Food/Nutrition, Canada's Food Guide to Healthy Eating

www.ainc-inac.gc.ca Indian and Northern Affairs Canada Website provide access to Aboriginal information and materials

www.media-awareness.ca Media Awareness Network is a Canadian non-profit organization that provides resources and support for everyone interested in media and information literacy for young people

www.nationalchildbenefit.ca/ National Child Benefit (NCB). An investment in Canadian Families by Federal, Provincial and Territorial Governments and First Nations

www.safety-council.org Canada Safety Council provides resources for safety information

www.gov.nl.ca Government of Newfoundland and Labrador

www.ccsa.ca Canadian Centre on Substance Abuse

Literacy Information

www.cllrnet.ca/ Canadian Language and Literacy Research Network (CLLRnet)

www.nald.ca National Adult Literacy Database is a listing of adult literacy programs, resources, services and activities across Canada.

www.nlc-bnc.ca/read-up-on-it National Library of Canada. Promotes Canadian children's literature and reading

www.scholastic.ca Scholastic Canada, Book Clubs: Books delivered to your door: Scholastic at home clubs for grades Pre K-1 (Hello Reader Club Level 1 & 2, Clifford 7 Co., Magic School Bus), Preschool Book Club Catalogue "Elf".

communityeducationnetwork.ca Current website

cen.awardspace.com Former CEN website

scholarships.awardspace.com Scholarship and Career Services Information

www.abc-canada.org Canada's private-sector voice championing adult literacy





We want your information, not your name. Call 1-800-222-TIPS (8477) or submit tips online at www.rocktips.ca Remember– All information is anonymous.